

August 2026

Christus St. Vincent Regional Cancer Center Calander of Events

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Reiki – by appointment Teaching Kithen 11:00 – 12:00 PM Meditation – 1:30 to 2:30 PM	4 Create to Heal 1:30 – 2:45 PM	5 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 – 3:30 PM	6 Reiki – by appointment Community Acupuncture – by appointment Chair Yoga 3:00 – 3:45 PM Botulph	7	8
9	10 Reiki – by appointment Meditation – 1:30 to 2:30 PM	11 Chair Yoga 11:00 – 11:45 AM cancer center Create to Heal 1:30 – 2:45 PM	12 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 – 3:30 PM	13 Reiki – by appointment Community Acupuncture – by appointment Chair Yoga 3:00 – 3:45 PM Botulph	14	15
16	17 Reiki – by appointment Meditation – 1:30 to 2:30 PM	18 Create to Heal 1:30 – 2:45 PM	19 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 – 3:30 PM	20 Reiki – by appointment Community Acupuncture – by appointment Chair Yoga 3:00 – 3:45 PM Botulph	21 Teaching Kitchen, cooking with Dr. Ali 11:00 – 12:00 PM	22
23	24 Reiki – by appointment Meditation – 1:30 to 2:30 PM	25 Create to Heal 1:30 – 2:45 PM	26 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 – 3:30 PM	27 Reiki – by appointment Community Acupuncture – by appointment	28 Sound Bath w/ Threshold Singers from 2:00-4:00 PM	29
30	31 Reiki – by appointment Meditation – 1:30 to 2:30 PM					