



CHAIR YOGA

Improve your balance, strength and flexibility

SCHEDULE OF CLASSES

Aug 06 Thu	3pm - 3:45pm	2009 Botolph Rd, Ste 100 Santa Fe, NM 87505
Aug 11 Tue	11am - 11:45am	445 St. Michaels Dr, Santa Fe, NM 87505 (Community Room)
Aug 13 Thu	3pm - 3:45pm	2009 Botolph Rd, Ste 100 Santa Fe, NM 87505
Aug 20 Thu	3pm - 3:45pm	2009 Botolph Rd, Ste 100 Santa Fe, NM 87505

*Each class has a maximum of **14 seats** available

Please register with **Phy Encluna** or call **505-913-8951**